

# Nappy Changing

## Promoting health and hygiene

### General Welfare Requirement: Safeguarding and Promoting Children's Welfare

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

**Policy statement:** No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.2 Inclusive practice 1.4 Health and well-being	2.2 Parents as partners 2.4 Key person	3.2 Supporting every child	

### Procedures

- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag to hand with their nappies or 'pull ups', changing wipes and nappy sacks. Should your child require cream, please also supply this.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- The changing mat is wiped down prior to changing, and after changing with anti-bacterial wipes/spray cleaner
- All staff are trained in the hygiene procedures and carry these out when changing nappies.
- Each individual child has their own nappy changing record, which is stored within our changing area.

- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
  - Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
  - They will be encouraged to wash their hands and have soap and towels to hand; staff will help them if it is needed. They should be allowed time for some play as they explore the water and the soap.
  - Anti-bacterial hand wash liquid or soap should not be used for young children.
  - Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
  - Key persons do not make inappropriate comments about young children's genitals when changing their nappies
  - Older children access the toilet when they have the need to and are encouraged to be independent.
  - Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is double bagged and put in the nappy bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and double bagged for the parent to take home.
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- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute to neglect and will be a disciplinary matter. We as a Settings have 'duty of care' towards children's personal needs.